

STAND WITH US, SUPPORT VETERANS

We know that when some leave the military, their experiences can't easily be left behind.

We believe that military trauma shouldn't destroy lives. Our evidence-based, clinical treatment helps veterans recover from trauma. No one else does what we do. You can make a life-changing difference to veterans who come to us with complex mental health issues by supporting our work.

LEAVING A LEGACY WILL HELP THE VETERANS OF TOMORROW

Please contact Sarah to find out about having your Will written for free on 01372 587 144 or email sarah.seddon@combatstress.org.uk

We have over 100 years experience caring for veterans from every service and our role today is to help those with some of the most complex challenges. Please support us.

combatstress.org.uk

Company registered in England and Wales No 00253933. Charity No 209002. Charity Scotland No SC038828

1ST THE QUEEN'S DRAGOON GUARDS (THE WELSH CAVALRY)

If you would like to find out more information about The Royal Welsh please visit:

www.facebook.com/theroyalwelsh
www.twitter.com/theroyalwelsh
www.instagram.com/theroyalwelsh
www.theroyalwelsh.co.uk

Registered Charity No. 1166089 CRN0001188

1ST THE QUEEN'S DRAGOON GUARDS (THE WELSH CAVALRY)

If you would like to support the work of the QDG Regimental Trust please visit:

www.qdg.org.uk
 Charity Commission Number 274689

THE ROYAL MILITARY POLICE

CENTRAL BENEVOLENT FUND

The Red Cap's Charity
 Charity Registration No: 248713

If you would like to make a donation to the RMP CBF please contact:
 RMP Central Benevolent Fund
 RHO RMP Post Office 38
 Southwick Park
 Nr Fareham Hants, PO17 6EJ
 Tel: 023 2228 4206
www.rhmp.org

VSC VICTORY SERVICES CLUB

A prestigious military members club in London's Marble Arch.

The VSC welcomes membership from serving and veteran members of the British, Commonwealth and NATO Armed Forces, including Reserves, as well as their parents and children over 18 years. Find out more.

www.vsc.co.uk | 0207 616 8132 | mem@vsc.co.uk
 Registered charity 347 807 (England)

THE SAS REGIMENTAL ASSOCIATION

The Association is proud to support

THE ROYAL SCOTS DRAGOON GUARDS (CARABINIERS & GREYS)

If you would like to support the Regimental Charity please visit our website:
www.scotsgd.org.uk/the-regimental-charity
 Charity No: 5001685

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	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE
Mon						
Tue				1		
Wed	1	New Year's Day		2		
Thu	2			3	1	
Fri	3			4	2	
Sat	4	1	1	5	3	
Sun	5	2	2	6	4	1
Mon	6	Epiphany	3	7	5	Bank Holiday
Tue	7		4	8	6	
Wed	8		5	9	7	
Thu	9		6	10	8	Victory in Europe Day
Fri	10		7	11	9	
Sat	11		8	12	10	
Sun	12		9	13	11	8
Mon	13		10	14	12	9
Tue	14		11	15	13	10
Wed	15		12	16	14	11
Thu	16		13	17	15	12
Fri	17		14	18	16	13
Sat	18		15	19	17	14
Sun	19		16	20	18	15
Mon	20		17	21	19	16
Tue	21		18	22	20	17
Wed	22		19	23	21	18
Thu	23		20	24	22	19
Fri	24		21	25	23	20
Sat	25		22	26	24	21
Sun	26		23	27	25	22
Mon	27		24	28	26	Bank Holiday
Tue	28		25	29	27	24
Wed	29		26	30	28	25
Thu	30		27	31	29	26
Fri	31		28		30	27
Sat			29		31	28
Sun			30			29
Mon			31			30
Tue						

2025 TRI-SERVICES WALL PLANNER

VE80VJ

VICTORY IN EUROPE & JAPAN

in support of

- Combat Stress combatstress.org.uk
- Veterans UK www.gov.uk/veterans-uk
- Royal Naval Benevolent Trust www.mbt.org.uk
- Royal Navy Officers' Charity www.rnoc.org.uk
- The Royal Marines Charity www.rma-tmc.org
- Naval Children's Charity www.navalchildrenscharity.org.uk
- ABP The Soldiers' Charity armybenevolentfund.org
- Army Welfare Service www.army.mod.uk/support-and-training/welfarearmy-welfare-service/
- Royal Engineers Association - Benevolence www.reahq.org.uk/benevolence
- Royal Scots Dragoon Guards Regimental Charity www.scotsgd.org.uk/the-regimental-charity
- Queen's Dragoon Guards Regimental Trust https://www.qdg.org.uk
- The Royal Welsh www.theroyalwelsh.co.uk
- REME Association remconnect.org
- Support Our Paras www.supportourparas.org
- RMP Central Benevolent Fund www.rhmp.org
- Royal Signals Charity royalsignals.org/royal-signals-charity
- The Army Air Corps Charity armyaircorps.co.uk/welfare/
- The Intelligence Corps Association www.roseandlaurel.co.uk
- Erskine www.erskine.org.uk
- Army Families Federation www.aiff.org.uk
- RAF Association www.raf.org.uk
- RAF Benevolent Fund www.rafbf.org
- SSAFA www.ssafta.org
- The Spirit of Normandy Trust www.spiritofnormandy.org.uk
- War Widows' Association of Great Britain: www.warwidows.org.uk
- The Northern Ireland Veterans Association www.nivets.org.uk
- South Atlantic Medal Association(82) www.samsa82.org.uk

	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
1			1			1
2			2	1		2
3			3	2		3
4	1		4	3		4
5	2		5	4	1	5
6	3		6	5	2	6
7	4	Bank Holiday (Scotland)	7	6	3	7
8	5		8	7	4	8
9	6		9	8	5	9
10	7		10	9	6	10
11	8		11	10	7	11
12	9		12	11	8	12
13	10		13	12	9	13
14	11		14	13	10	14
15	12		15	14	11	15
16	13		16	15	12	16
17	14		17	16	13	17
18	15	Victory over Japan Day	18	17	14	18
19	16		19	18	15	19
20	17		20	19	16	20
21	18		21	20	17	21
22	19		22	21	18	22
23	20		23	22	19	23
24	21		24	23	20	24
25	22		25	24	21	25
26	23		26	25	22	26
27	24		27	26	23	27
28	25	Bank Holiday (Except Scotland)	28	27	24	28
29	26		29	28	25	29
30	27		30	29	26	30
31	28		31	30	27	31
				31	28	
					29	
					30	

THE INTELLIGENCE CORPS

www.roseandlaurel.co.uk

THE ARMY AIR CORPS CHARITY

Charity No: 1184333

If you would like to support the AAC Charity please contact:

Army Air Corps Secretary
 Headquarters Army Air Corps, Middle Wallop, Stockbridge, Hants SO20 8DY
 Email: contact@armyaircorps.co.uk
 Web: www.army.mod.uk/who-we-are/corps-regiments-and-units/army-air-corps

Over 100 Years at the Helm of the Naval Officer Family

Founded in 1920, ARNO today is a 5000 strong dynamic membership association which provides a vital network for the serving and retired RMC, RM, WRNS, GARRNS and RFA officers, as well as officers from the SCC, VCC, CCF, and URNU.

Join ARNO today at: www.arno.org.uk

Royal Navy Officers' Charity

Founded in 1739, and awarded Charity of the Year in 2022, RNOCC supports a diverse range of beneficiaries and over the last four years has awarded more than £2million in grants to serving and retired officers and their families.

www.rnoc.org.uk
 Registered Charity No: 207405

THE ROYAL NAVAL BENEVOLENT TRUST

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Our vision is: Sailors and Marines helping Sailors and Marines - now and always.

RNBFT provides a helping hand to serving and ex-serving men and women and their families. Help, opportunity and care in times of need.

We don't just help you to weather the storm, we try and help you navigate your way out of it. If you need help or would like to donate or volunteer contact RNBFT.

T: 02392 690112
www.rmbt.org.uk

PRONTO IMAGES

Home Of The Mess Kit Chatter Box

We are a family run business situated in Corby, Northamptonshire. Run by an ex Royal Engineer after serving over 23 years in the British Army. The business was initially set up to provide affordable Mess presentation gifts to the Army, but over time has grown into so much more. We still pride ourselves on our military connections and the work we do, but we can also provide for weddings, christenings and corporate presentations alike.

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VICTORY IN EUROPE & JAPAN

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80th ANNIVERSARY OFFICIAL COMMEMORATIVE JOURNAL

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Beyond its operational focus, the company is actively engaged in supporting the local community. Polar Seafish contributes to the community through funding, sponsorship, and mentorship in various sports such as basketball, cricket, and hockey. Moreover, the company makes substantial investments in local charities that address prevalent issues, and it extends its support to the Seaman's Mission charity, aligning with its commitment to the well-being of all maritime workers.

Contact us at info@polarseafish.com
 Web: polarseafish.com

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 8:00am - 9:00pm Saturday
 9:00am - 9:00pm Sunday

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RFCA

For Yorkshire and the Humber Reserve Forces and Cadets Association

rfca-yorkshire.org.uk

The RFCA for Yorkshire and the Humber works to ensure that reserve forces and cadets thrive across our region by building enduring relationships between the military and local communities.

NAAFI

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From catering to retail, exercise support to accommodation, we go to extraordinary lengths to support the UK Armed Forces around the world.

FIND OUT MORE

naafi.org